

2025-26 BCSD PE/Health/Athletics Presentation



Mr. John Giametta
Director of PE, Athletics, Health & Recreation

NYSPHSAA Sportsmanship Promotion Program Award & NYSPHSAA School of Excellence Award: Beacon High School (2023-24)

Awarded for exemplary effort in the Sportsmanship Promotion Program & for 75% of
our varsity teams averaging a GPA of 90% or above!



2024-25 Scholar Athlete Teams

75% of team GPA of 90% or above

Fall Sports

Volleyball

Girls & Boys Soccer

Girls Swimming

Girls Tennis

Girls & Boys Cross Country

Winter Sports

Unified Bowling

Girls & Boys Indoor Track

Boys Swimming

Girls Basketball

Girls & Boys Bowling

Fall & Winter Sports: Notable Accomplishments

- Varsity Volleyball
- For the first time in school history **Varsity Volleyball** made it to the Section Championship!
- Lila Burke- First athlete in Beacon with 1000 Kills!
- Varsity Boys Soccer
 - Played in the Section Championship
- Varsity Football
 - Tied the school record with 7 total wins in a season!
 - First Sectional playoff win!
 - First time making the Sectional Semi-Finals!
- Varsity Wrestling
 - Second place in the Bulldog Tournament!
- Varsity Girls & Boys Basketball
 - Both winners of the BATTLE OF THE TUNNEL



Other Notable Accomplishments:

- **\$1500 raised by Mike Mullins & the BHS PE Department for the Special Olympics- Polar Plunge**
 - The goal is \$5000 and double participation next year!
- **2024 College Athletics Commitment** - the most committed athletes we've had in 8 years (**18 total athletes**) !
- BCSD PE & Health Department attended the Southeast Zone Professional Development seminar in November!



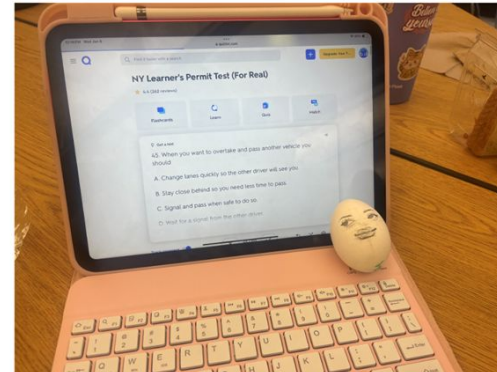
2024-25 Health Updates

BHS- Kelly Mills

- **Grace Smith House:** Teen dating violence. They gave students very useful information and resources they can utilize if they or someone they know is in an unsafe relationship.
- **David Garcia:** Human trafficking. He has a great presentation on what human trafficking and exploitation is.
- **NAMI Ending the Silence:** Mental health. They have an amazing presentation on mental health support and intervention programs.
- **Raymond Renzo:** NYS Trooper. He comes in and give a presentation about alcohol, tobacco and other drugs.
- **Weight Room Project:** Students create a fitness goal that they want to work towards. They focus on muscle groups and research what exercises would be best to target those muscles.
- **CPR:** Students will be practicing real life scenarios of CPR and First Aid. This will put their knowledge to test and be able to practice what they learn under stress.
- **Egg Baby Project:** Students were given a baby egg to care for for a week. They got to decorate it, name it and make a "car seat" for it. They were to bring it to school for 3 days and they also had to do daily activities with it like doing homework, eating dinner, riding the bus, etc.

RMS- Taylor Modica

- Students have been engaged in multiple escape rooms that revolve around the topic of alcohol, tobacco, and other drugs along with working in groups to break down different scenarios using their decision making skills.
- Vision boards as a start to the new year to set intentional goals for themselves.
- Unit on different ways to manage their stress and how important it is to find healthy ways of doing so!



Me and my egg studying for my learners permit (I passed!!!!)

2024-25 Elementary PE Updates

- Swimming with 1st-5th
- Bowling Field Trip with 1st-4th grade
- Sleigh Riding @ Sargent!
- Student of the month!
- Varsity Girls Basketball in PE @ JVF!
- South Ave & Sargent: Sport Ed Model: students choose teams and created comradery throughout the unit. When it was time for tournament gameplay, the team that was resting had "roles to perform." Roles included: Scorekeeper, timer, referee, announcer, camera operator, cheer squad. Students really got into this model and it created a new outlook on team sports, along with other ways to keep students engaged in the lessons.





2024-25 Secondary PE Updates

RMS

Monthly PE Students of the Month

Hiking & Swimming Field Trip, Grades 6-8

Bowling Field Trip, Grades 6-8

2nd Annual Flag Football Turkey Bowl Tournament, Grades 6-8

Friday Morning Intramurals

Elks Club Hoop Shoot, Grades 6-8



BHS

Hiking Field Trip for all grades

Student of the Month Awards and adding student of the week/athlete of the week to our bulletin board.

Plank challenge, where every single student participated. We chose a winner for each grade level in each class period and posted the winners to the bulletin board along with the incentive of giving them a PE makeup. We had a student hold a plank for up to 10 minutes! We are planning to have a few more challenges this year (push ups, wall sits, pull ups, etc.)

Kayaking unit, which the students look forward to too. We kayak in the pool and then attend a kayak field trip on the Hudson River.



Connecting with the youth!

Girls in Sports Day

Over 130 Girls from the BCSD Elementary Schools
& RMS!

2024 BEACON ATHLETICS
GIRLS IN SPORTS DAY


BCSD Athletics is excited to announce that Friday, September 28th, will be a day of fun and games for all girls in grades 3-8.

SATURDAY, SEPTEMBER 28TH
9:00 AM TO 2:00 PM
@ Beacon High School
(drop off + pick-up at Athletics Entrance!)

Come try all the sports BCSD Athletics has to offer and meet the program coaches. All girls in grades 3-8 are encouraged to attend!

COST: \$25.00 PER STUDENT

LUNCH, T-SHIRT, AND ALL EQUIPMENT NEEDED WILL BE PROVIDED (bring own swimming gear)

REGISTER BY YOUR CHILD BY SIGNING THEM UP ON FAMILY ID
Click Here



Varsity Team Mentorship

Girls Basketball

Cheerleading

Baseball

Girls & Boys Soccer



Winter 2024-25 Unified Bowling



Increasing Communication on Social Media

Beacon Athletics Winter Sports Information

Winter Parent Presentation
Visit the athletics page to access the
Winter Athletics Information Presentation
<https://www.beaconk12.org/domain/28>

Sport Registration on Family ID
All athletes must be registered and approved
on Family ID before they can participate

Family ID Portal **OPENS**
October 21st (Var. & JV)
November 4th (mod. & developmental)



Download
Today



Start Dates & Winter Sport Offerings

Varsity
Grades 9-12

STARTS
NOV. 18

Boys Basketball
Girls Basketball
Cheerleading
Boys Swimming
Wrestling
Winter Track
Bowling
Unified Bowling

Junior Varsity
Grades 9 - 10

STARTS
NOV. 18

Boys Basketball
Girls Basketball



Modified/
Developmental
Grades 7 - 8

STARTS
DEC. 2

Boys Basketball
Girls Basketball
Cheerleading
Dev. Boys Swimming
Wrestling
Winter Track
Dev. Bowling

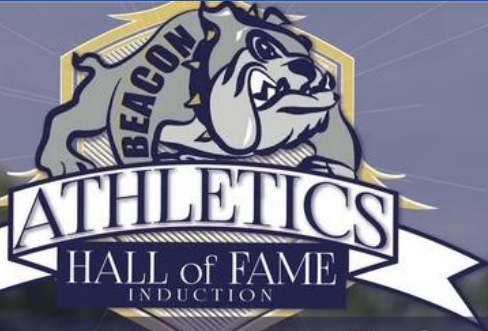
Learn More!

Full Winter Athletics Presentation



2025 Beacon Athletics Hall of Fame Ceremony

Congratulations!



1999 -2000 Boys Bowling Team

Head Coach Brian Mahon

Varsity Softball: Class of 1989

Kristen McDonald

Varsity Softball: Class of 1989

Jo-Anne Greggo Hockler

Varsity Baseball: Class of 1988

Tom Kirby

Varsity Baseball: Class of 1997

Dan Soto

Varsity Wrestling: Class of 2017

Kyle Davis

Ceremony Date:
January 3, 2025 5:00-9:30 pm



School Spirit 2024-25

- Pep Rally
- Fall Team Recognition
- Student Tailgate
- Homecoming Court
- Homecoming Dance
- Spirit Week
- Spirit of Beacon Parade
- Winter Homecoming Dance presented by the JR Class



Other things we are doing this year...

- Senior Appreciation Ceremonies
- Modified Girls & Boys Crew w/ Spackenkill
- Pep Band @ Basketball & Football
- Beacon Rec Youth Swim in the Spring?
- Secondary Swim Intramurals in the Spring

- Summer School PE Credit Recovery
- College Athletics Commitment Ceremony
- Varsity Athletic Awards Ceremony
- Section 9 Scholar Athlete Awards
- Youth Camps/Clinics
- Team Workout Sessions hosted by the BHS Conditioning Coach (Mike Mullins)
- Updated Concussion Procedures
- Updated EAP for coaches (Emergency Action Plan)
- Updated AED units (Plan to have all new units by Fall 2026)



Future Initiatives

- Unified BOCCE in the Fall!
- Girls Flag Football (?)
- Varsity Girls Lacrosse (?)
- JV Cheer (?)
- JV Girls Soccer
- Increased Swim Opportunities as an alternative to clubs
 - *Beacon Rec Youth Swim Program*
 - *BCSD Secondary Swim Intramurals*



- Pep-Band at more events
- Organized off-season weight training sessions
 - Sports teams going 2x per week for organized instruction
- Weight Room renovations
 - *In progress- former 5 year goal*
- Additional seating at the BHS Turf
- Tennis Court Resurfacing
- Pool Renovations

2024-25 Program Participation

Fall Enrollment

- Total number of Fall Athletes:
 - Fall 24 Girls: 199 (+1)
 - (Fall 23- 198)
 - Fall 24 Boys: 203 (+35)
 - (Fall 23- 168)

Winter Enrollment

- Total number of Winter Athletes:
 - Winter 24/25 Girls: 115 (+6)
 - (Winter 23/24- 109)
 - Winter 24/25 Boys: 169 (-11)
 - (Winter 23/24- 178)

2024-25 Totals

Total Fall Participation: 402 (+36)
(Fall/Winter 23/24- 366)

Total Winter Participation: 284 (-3)
(Fall/Winter 23/24- 287)

Total Girls participation to date: 314 (+7)
(Fall/Winter 23/24- 307)

Total Boys participation to date: 372 (+26)
(Fall/Winter 23/24- 346)

District Participation Avg:

- BHS Enrollment: Avg. 826 students
- RMS Enrollment: Avg. 398 students (7-8th Grade)
 - Avg. Total Students: 1224
- Fall Participation Avg.: 33% enrolled students
- Winter Participation Avg.: 23% enrolled students

Recommended Budget Increases

Coaches Stipends: +\$15K

- Crew: if 10+ students enroll
- Adding additional sports
- Coaching longevities
- Travel Compensation for coaches
- Postseason compensation

Athletic Chaperones: +\$5K

- Security
 - *Wandering initiatives*
- Increased PD presence

BOCES Services: +\$5K

- Section 9 Dues increase

Equipment: +\$15K

- Weight Room Equipment
 - *Complete equipment upgrade*
- Aquatics Equipment
 - *Touch Boards, Updated Meet Technology, Safety Equipment, Time Clocks*
- Track Equipment
 - *High Jump Mats & Hurdles*
- Baseball/Softball Scoreboards (?)
- Batting Cage
- Locker room renovations

Athletic Supplies: +\$5K

- Updated AEDs
- Uniforms



2024-25 BCSD Athletic Budget		
	Budget	Budget
	2024-25	2025-26
Coaching Athletic Stipends	\$302,000	\$312,000 (+10k)
Athletic Chaperones	\$25,000	\$30,000 (+\$5k)
Equipment	\$80,000	\$90,000 (+\$10k)
Contractual Expense	\$115,000	\$115,000
Athletic Supplies- All Schools	\$55,000	\$60,000 (+\$5k)
PE Supplies- All Schools	\$10,000	\$10,000
BOCES Services	\$105,000	\$110,000 (+\$5k)
Total	\$692,000 (+35k)	\$727,000 (+35k)

5 Year Goals:

1. **Every student that graduates from BHS will have been offered CPR/First Aid Certification** *(1 year to go)*
2. **Every student that graduates from BHS will have developed a personal fitness plan** *(Highest enrollment we've had during after school weight training sessions: 30-50 students average!)*
3. **Increase enrollment of BCSD students into interscholastic athletics**
 - *It keeps increasing!*
4. **School of Distinction Award**
5. **Continue to explore elective PE classes at BHS**

